

The 2023 Running Issue

WITH THE ANNUAL RACE SOURCE GUIDE

Tell your story through our media solutions such as sponsored content, print and digital edition advertising, online and social media packages and dedicated e-newsletters.



IMPACT's annual event calendar featuring over 1,300 events in print and online!

COVER FEATURE

- To be announced

RUNNING INSPIRATION

- Training plans for your next 10Km, half-marathon, marathon and 70.3
- Take your training to the next level
- Running drills and ladders
- The top running apps

FITNESS

- Work out with Canada's Top Fitness Trainers
- Inspirational athletes with IMPACT

SPORTS MEDICINE

- Treating low back pain
- Incorporating nasal breathing
- Injury prevention tips

HEALTH

- Best time of the day to run for health

GEAR FEATURES

- Annual road running shoe reviews
- Running tech
- Running gear

NUTRITION

- Food sensitivities

RECIPES

- The best breakfasts

TRAVEL

- World's top destination marathons

IMPACT
MAGAZINE



LET US HELP YOU TELL YOUR STORY

Contact Us

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